



January 2010



St. Andrew's Episcopal Church

The Tartan

A message to the Parish *by Fr. Martin Yabroff*

Praise God from whom all blessings flow



Dear Friends,

We have many blessings to celebrate now and at our Annual Meeting this coming Sunday, January 24, 2010. 2009 has been a good year both in blessings received and the blessing of coming thus far through sadness and challenges both personal and economic. Christmas services were wonderful, with good attendance, many visitors, and wonderful pageant, music, and fellowship. (Thank you especially to Megan Parsons, our Sunday School Administrator, for leading our pageant.) While we have commended several members to almighty God this past year, we have also welcomed some new families. Our Stewardship is strong – for 2010 we have already received 75 pledges, with 8 more expected. Compared with 2009: 9 are new, 29 increased, 31 the same and 6 are decreased. These pledges, along with careful planning and staff realignment, enabled our Vestry to approve a balanced 2010 budget to be presented to the Annual Meeting. (This has not happened in recent years.) In addition, our 2009 budget year is finishing with a deficit 17% less than what was projected at the beginning of the year.

Our Choir is growing under Jonathan Wohlers' good leadership as both Organist and Choir Director. In December we also said good bye to parish Secretary Jennifer Meister. Great thanks are due to Linda Brice for interim ministry in the Office. Speak with Margo Fleshman, Linda Brice or me regarding our plans for this position.

Christmas is a season of celebration and thanksgiving. This coming Epiphany season (January 6 until Ash Wednesday and the beginning of Lent) is our time to nurture and share God's blessings with all those around us. The Collect for the Second Sunday of Christmas expresses this ministry: let us celebrate our humanity – restored by our Lord – and let us share Christ's divinity through humble and eager witness.

*O God, who wonderfully created, and yet more wonderfully restored, the dignity of human nature: Grant that we may share the divine life of him who humbled himself to share our humanity, your Son Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, for ever and ever. **Amen.** (BCP p. 214)*

Yours in Christ,

Martin Yabroff+

Faces in the Pews

by Virginia Gaub

Samalee (Sami) Jones

Sami attends the 8AM service and has been a member of St. Andrew's since 1954. In 1953 she and her husband George moved to Tacoma. Sami grew up in Galesburg, Illinois. Since both were Episcopalian, it was natural they found St. Andrew's as their church home.

Having a "Church home" is important to Sami and it is close to her chosen residence. She says "the other members and clergy have always been very friendly and make me feel at ease and that I am part of the church family".

Sami and George were full time RVers for 9 years prior to his death in 1998. They spent winters in the south and came back to Tacoma in the summer where family and friends reside.

She has a son and daughter-in-law and a daughter and son-in-law. She also has 2 grown grandchildren.

Sami is a retired Secretary and also has some experience doing demonstrations at Fred Meyer at 67th and Bridgeport.

Make yourself known to Sami, if you are a newcomer to St. Andrew's. She is part of our wonderful history.

Mark your calendars for a
**Joint Episcopal -
 United Methodist Celebration
 of Ministry,**
 commemorating the
 "Limited Eucharistic Sharing"
 now approved for our two
 denominations.

Thursday, February 18
 (the day after Ash Wednesday),

7:00 pm at

Mason Methodist Church,
 2710 N. Madison St., Tacoma.

Service led by

Bishop Greg Rickel

and

District Superintendent

Sharon Moe.

All Episcopal and
 Methodist churches in the Tacoma
 are invited. Combined choir.

Reception afterwards to get to
 know one another.



St. Andrew's Scholarships

The Outreach Committee is pleased to once again offer educational scholarships. These scholarships range in amounts from \$100 to \$1,000 and are awarded annually. Any currently enrolled or potential student is eligible to apply. Classes may be for high school, college, vocational school, continuing education, re-training, or additional degrees. Priority will be given to the St. Andrew's community. Application packets are available in the church office and must be completed according to the instructions contained inside the packets. Please note: Incomplete packets, or packets received after the deadline will NOT be considered for funding. All information will be held in strictest confidence and will not be released without specific written permission from the applicant. Funds will be dispersed in May, 2010 for educational programs taking place between June 2010 and May 2011.

St. Andrew's Outreach Committee

The St. Andrew's Outreach Committee is seeking interested volunteers to serve on the Scholarship Review Committee. Service on this committee is limited to one calendar year, and is open to all St. Andrew's parish members. Please call the church office (564-4402) or Margie Hoffman if you are interested.

Save the Date — Saturday, January 30, 2010

A day with Herbert O'Driscoll at St. Alban's Edmonds

Join us as we explore further into ancient sources of Christian experience and wisdom and answer some age old questions: How are we to live in a time of immense change and transition? How have the a people who came before us dealt with change in their times? What can we learn from them?

The day will be led by The Rev. Herbert O'Driscoll, one of the leading contemporary preachers and teachers in the Anglican Communion. He has served as the Dean of Christ Church Cathedral in Vancouver B.C. and as Warden of the College of Preachers in Washington D.C. The dozens of books he has authored make both scripture and the Anglican tradition come alive. He is especially interested in how classical Christian traditions such as Celtic spirituality.

For more information go to <http://www.stalbansedmonds.org>.



More Jewelry Thank Yous!

I would like to thank the following people for their donations to The Second Time Around table at the Celtic Faire, and apologize for omitting some names last month:

Linda Brice

Joanne Ames
Sandy Beachler
Don Bishop
Betty Bishop
Lynn Bourcier
Fran Christiansen
Barb Devik
Bobbie Dowlearn
Karen Duffy
Lynn Fleshman
Margo Fleshman
Rena Girard
Holli Greer
Nancy Gregory
Mimi Hackleman
Margie Hoffman
Darlene Howe
Mary Lowenberg
Nancy Rennie
Pam Rhodes
Dottie Smith
Susan Smith
Fr. Ed Sterling
Dianne Sullivan
Devena Thomsen
Chris West

From the Parish Nurse:

As we begin a new year, here are some commandments to keep in mind

Thou Shalt....

Exercise thy body, mind and spirit

Be physically active at least 30 minutes a day most days of the week to exercise your body. Use your mind by reading, writing, being creative and reflective. Nurture your spirit by praying which has many healing benefits and reading inspirational and or scriptural works.

Exercise thy will power

Take some time to review your life and habits. Which ones are working for you and which ones are not? What habits do you want to develop?

Eat, drink and be merry in moderation

Eat a diet with half your grains coming from whole grain foods such as whole wheat bread, oatmeal, brown rice, and low fat popcorn. Vary the vegetables you eat by choosing from different color groups such as dark green spinach, orange sweet potatoes, red apples or cherries, blueberries, and yellow squash. Eat 3 servings of calcium rich foods a day. Focus on eating more fruits throughout the day. Go lean with protein. Limit your alcohol intake. Incorporate humor into you life.

Live for the present

Let go of the past. Work on forgiving others and moving forward and not dwelling on the past.

Get enough sleep

Adults need an average of eight hours of sleep a night. Sleep deprivation can lead to daytime drowsiness which can lead to accidents.

Happy New Year!

Submitted by Cyndi Wolfer, RN, MSN Parish Nurse

(Source: www.HopeHealth.com)

AND THE WINNER IS.....ST. ANDREW'S

One year ago the St. Andrew's Fundraising committee was given a challenge—to raise \$15,000, through special events, for our church. Each of us on the committee took a deep breath, paused for a moment, and then set out.

A year later we are in awe of the support we received from so many people at St. Andrew's and in our community. Through your contributions of time and money we have raised over \$15,000 for the mission and ministry of our church!!

But it was not just about the money. Along the way several other goals were met. New church members worked along side long-time members and new communities of friendship were formed. People in our neighborhood and beyond attended events—and some have come back on Sunday. The Outreach Committee will be the beneficiary of 10% of our earnings which equals \$1,500.

Thank you all—Donors, Volunteers, Purchasers of tickets and merchandise—all of you who in some way supported our efforts.

For a detailed list of the fundraisers and amounts raised by each will be in the Annual Report in January.

Thank you from the Fundraising Committee,

Linda Brice (Chair), Patty Mannie (2010 Chair), Marilyn Baker, Rena Girard, Liz and Norbert Herriges, Margie and Wynn Hoffman, Donna Kolkman, Sean Moody, Susan Rowe, Reberta Skinner, Eve and Fr. Martin Yabroff.

Happy Birthday

- 3 Anna Strausbaugh
- 4 Kurt Johnston
Katy Rhodes
- 6 Flo Ball
- 11 Kathy Arthur
- 12 Dottie Smith
- 13 Bill Lubken
- 16 Betsy Scherman
- 18 Pat Arthur
- 19 Jared Koch
- 22 Adrienne Howe
- 23 Wayne Glenn
- 25 Tasha Gibbs
- 31 Sam Fleshman

Celebrating

Anniversaries

- | | |
|--------|------------------------------|
| 1-3-94 | Steven and Megan Parsons |
| 1-5-94 | Richard and Helen Bednarczyk |
| 1-6 | Greg and Ingrid Gaub |
| 1-7-56 | Bill and Darlene Howe |



JANUARY 2010

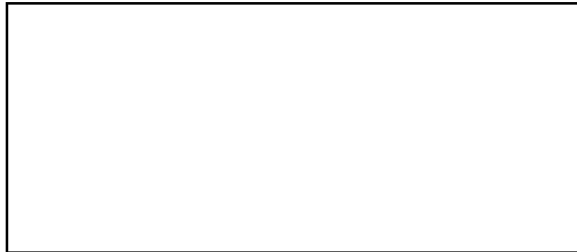
SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 8am Holy Eucharist 10 am Holy Eucharist	4 1pm Bible Study 7pm Al Anon	5 10:30am AA 7pm AA	6 12 Noon Holy Communion	7 6pm Glory and Praise Choir Rehearsal	8 8:30 –2 pm Weaver's Guild	9 9am-4:30pm Weaver's Guild (Puddicombe) 9am-3pm Kairos 10am-2pm Epiphany Lunch Christ Church
10 8am Holy Eucharist 10 am Holy Eucharist	11 1pm Bible Study 7pm Al Anon	12 10:30am AA 6pm Finance 7pm AA	13 12 Noon Holy Communion	14 7-9pm PFLAG	15	16
17 8am Holy Eucharist 10 am Holy Eucharist 11:15am Fundraising Meeting	18 1pm Bible Study 7pm Al Anon	19 10:30am AA 7pm Vestry 7pm AA	20 12 Noon Holy Communion	21	22	23 1pm Memorial Service for Lohra Smith
24 9AM ONE SERVICE FOLLOWED BY ST. ANDREW'S ANNUAL MEETING 31 Regular Sunday Schedule	25 1pm Bible Study 7pm Al Anon	26 10:30am AA 7pm AA	27 12 Noon Holy Communion 5pm Food Bank	28	29	30

St. Andrew's Episcopal Church

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St. Andrew's

St. Andrew's Episcopal Church is committed to knowing Christ and making Christ known by word, faith, and action.



Phone: 253-564-4402
Fax: 253-564-2961

Email: saintandrews@net-venture.com

Rector: Fr. Martin Yabroff E-mail: yabroff@net-venture.com

Vestry Members

Virginia Gaub, Senior Warden
Don Bishop, Junior Warden
Marilyn Baker
Holli Greer
Dave Lester
Patty Mannie
Sean Moody
Martha Stanton
Michael Taft
Don White

Clergy

The Rt. Rev. Dr. Gregory Rickel, Bishop
The Rt. Rev. Bavi Edna "Nedi" Rivera, Bishop Suffragan
The Rev. Martin Yabroff, Rector
The Rev. Edward A. Sterling, Associate

Staff

Dr. Jonathan Wohlers, Organist & Choir Director
Sunshine DeGennaro, Youth Pastor
Megan Parsons, Sunday School Administrator

Finance Ministry

Wayne Mannie, Treasurer
Donna Kolkman, Bookkeeper