



June 2010



St. Andrew's Episcopal Church

The Tartan

A Message to the Parish by Fr. Martin Yabroff



Accept, O Lord, our thanks and praise for all that you have done for us. We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.

We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side.

We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us.

We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone.

Above all, we thank you for your Son Jesus Christ; for the truth of his Word and the example of his life; for his steadfast obedience, by which he overcame temptation; for his dying, through which he overcame death; and for his rising to life again, in which we are raised to the life of your kingdom.

Grant us the gift of your Spirit, that we may know Christ and make him known; and through him, at all times and in all places, may give thanks to you in all things. Amen.

(The Book of Common Prayer, p. 836)

Dear Friends,

As we finish our spring season and offer thanks for all our ministries; and as we welcome flowers and warming weather; and as we complete our celebration of Christmas, Easter, and Pentecost, I am drawn to the wonderful thanksgiving prayer printed above.

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> ***A Message to the Parish...***

Continued from page 1

Remember the words of the medieval mystic Johannes Eckhart: 'If the only prayer you offered was "thank you", it would be sufficient.'

Please join me in giving thanks for our Sunday School teachers and leaders, for our Choir, and for all who share in Bible Study and Adult Education.

Thanks as well for on-going ministries including our Altar Guild, Youth Ministry, Glory & Praise, Eucharistic ministers, acolytes, lectors and ushers, and those providing refreshments. For office helpers and food bank stewards, offering counters, and all those who serve in quiet and loving ways.

Continued

Senior Warden Musings

by Virginia Gaub

June. . . June signals that changes are about to happen. At least short term changes for a lot of us. School will be out soon, leaving space for more family time; vacation will begin, both because the youngsters will have more free time and the weather will be more conducive to outdoor activities.

I like to think of vacation as "doing something out of the ordinary". Not vacating, but rather doing something different. Not only big changes but even little changes can help us look at life differently. During Advent and Lent, we have been encouraged to look at our spiritual

Continued

> ***A Message to the Parish...***

Thank God for those who are graduating, and all who lead projects and ministries, including the Innkeepers and the Narthex Team.

In whatever plans you are making for the summer, and in the unfolding of these summer months, I pray that we may always be thankful for God and all our blessings, and for the grace to grow and to learn and to deepen in faith and love and service.

Thanks be to God: Creator, Redeemer, Guide into the future.

Martin

> ***Senior Warden Musings . . .***

practices and perhaps read more scripture or take on some other spiritual practice.

We are now entering another season in the church year. This may be another good time to look seriously at what our spiritual focus has been. You may also notice some small changes in the worship services. The music changes a little. . . The choir is gone for the summer. Sunday School changes. . . there are fewer formal activities. All these changes have a kind of renewing effect.

This may be a good time to intentionally review our routine activities and plan for some changes which may help to revitalize our life. You will have three months of this type of "vacation" before September comes and we have yet another time of renewing. I hope it is a good "vacation" time for you all.

Faces in the Pews:

Liz and Norbert Herriges

in their own words



It has meant a great deal to us to be part of a group that likes to have fun while remaining serious about their commitment of service to God and His people. We attend the 10 am service and have been doing so for around five years.

Liz was born in Eugene, Oregon and lived in the Tacoma area since she was nine years old. Norbert was born in Kalispell, Montana and also lived in The Dalles, Oregon. Liz and Norbert met at college in Ashland, Oregon, graduated, married, and now live in Browns Point.

We'll have been married 27 years this June.

Liz is a teacher and instructional coach for Camelot Elementary in the Federal Way school district. Norbert is a stagehand working for a variety of performance arts organizations in the area.

We have three children. Matthew is 15 years old, currently attending Stadium High, and planning on attending the Tacoma School of the Arts as a sophomore this fall.

Kristin is 22 and living in Bellingham while attending Western Washington University on weekends. This summer she is working for Camp Huston Camp and Conference Center.

>Faces in the Pews. . .

Isaac is 24 and living in Ellensburg while working for the city youth center.

Editors note: Liz's parents are Chuck and Lynn Zimmerman, who have attended St. Andrew's on occasion.

Thank you to Liz and Norbert for being part of our church family.

Kitchen Shower and Tea

by Margie Hoffman

A heartfelt thank you to all the wonderful people of St. Andrew's!!!

We have a marvelous array of new items for our kitchen, including a brand new microwave. Special thanks to Barbara Bidwell and her magic sewing machine – she is placing St. Andrew's name on each new towel so we won't lose them. Thanks to Polly Hickman for her tea making skills We enjoyed a bountiful selection of goodies (thank you Devena, Rena, Susan, Marilyn B., Peggy, Margie and Marian). Thanks to our tireless workers, Virginia Gaub, Patty Mannie and Fr. Martin, were the set-up/clean-up team.

And of course, thanks to all those who donated items and cash have many stars in their heavenly crowns! The cash kitty is now bulging with \$580.00.

What miracles happen when St. Andrew's people dig into their hearts and pockets! Thank you from the Fundraising Committee and from all who will use our spiffy kitchen.

Fundraising Notes from

Patty Mannie...

Mark your calendars for upcoming events this fall...

September 18	Cake Decorating Class
October 23, 24	Celtic Faire

ST. ANDREW'S SCHOLARS SELECTED

by Margie Hoffman

St. Andrew's Scholarship Committee met recently, and is proud to announce the following recipients of our 2010 Scholarships.

THERESA DeGENNARO

Theresa has been working towards an Associate in Arts and Sciences degree at Tacoma Community College. She hopes to become certified in Dance Education, and continues in her dance studies and with a performing company. She has worked with the Metro Arts Tacoma teaching dance, training new teachers, and is the volunteer coordinator for the dance productions. Theresa is the daughter of St. Andrew's members Rio and Sunshine DeGennaro.

ERIK HENLY

Central Washington University is the destination for this young man, after a year at Olympic Community College. Erik will be pursuing a degree in Criminal Justice at CWU. He is the grandson of St. Andrew's parishioners Jim and Flo Ball.

BRODY HOWE

Brody will be heading to Southern Oregon University where he will enroll in the performance art and teaching studies. Brody attended Curtis High School, and was in the Jazz Band, Symphonic Band, Valhalla Vox Performance Choir and A Capella Choir. His proud grandparents are St. Andrew's parishioners Bill and Darlene Howe.

ESTHER KOLKMAN

As a student at Southern Methodist University in Dallas, Texas Esther has been working on an Engineering degree, with a math minor. She is also a valued member of the SMU rowing team. Esther is the daughter of St. Andrew's parishioners John and Donna Kolkman.

ANNA STRAUSBAUGH

Anna has been at Central Washington University for the past two years, and is a Geography major. She is also working towards her Global Information Systems certification. Anna was a Wilson High School graduate, and is the daughter of St. Andrew's parishioners Doug and Molly Strausbaugh.

DEREK STRAUSBAUGH

Derek has been a student at Foss High School and, most recently, the Tacoma School of the Arts. He will be headed to Spokane to attend Whitworth University. Derek has been active in the St. Andrew's food bank, and is the son of Doug and Molly Strausbaugh.

ANDREW YABROFF

For the past year, Andrew has been attending Southern Oregon University in Ashland, Oregon. He is pursuing a degree in Theater Arts with a minor in Shakespeare Studies. He graduated from Peninsula High School in Gig Harbor, and is the son of St. Andrew's Rector, The Rev. Martin Yabroff, and his wife, Eve.

Congratulations to our scholars!

Seeking Care for Illnesses and Injuries

by Cyndi Wolfer, RN, MSN
Parish Nurse

Summer is almost here. As we become more active, there is always the potential for an injury. Here are some guidelines for when to go to an emergency room and when you can go to an urgent care center.

Patients at the emergency room are sorted, or triaged, according to the seriousness of their condition. For example, a patient with severe injuries from a car accident would likely be seen before a child with an ear infection, even if the child was brought in first. People who go to the ER with relatively minor ailments often have to wait more than an hour to be seen.

An emergency is defined as a condition that may cause loss of life or permanent or severe disability if it isn't treated immediately. However, you should go directly to the nearest emergency room if you experience any of the following:

- Chest pain
- Shortness of breath
- Severe abdominal pain following an injury
- Uncontrollable bleeding
- Confusion or loss of consciousness, especially after a head injury
- Poisoning or suspected poisoning
- Serious burns, cuts or infections
- Inability to swallow
- Seizures
- Paralysis
- Major Broken bones

Urgent care centers are not equipped to handle life-threatening

> Seeking Care for Injuries . .

situations. Rather, they handle instances that require immediate attention — those where delaying treatment could cause serious problems or discomfort.

Some examples of conditions that require urgent care are:

- Ear infections
- Sprains
- Minor broken bones
- Urinary tract infections
- Vomiting
- High fever
- Sore throat

Minor cuts that needs stitches and the bleeding has stopped

Have a safe summer!

Episcopal Church Women Annual Lunch Out

Please join with the Episcopal Church Women of St. Andrew's Church for our annual Lunch Out

JUNE 9th, 2010 11:30AM
ADRIATIC GRILL

4201 S Steele St
near Tacoma Mall

Please RSVP no later than June 6 to
Virginia Gaub,
or the Church Office 253-564-4402

Go directly to the restaurant or gather at the church at 11:00 AM to carpool



A Note of Thanks from World Vision

A note from Pam Grubbs from World Vision who spoke at our Sunday services on April 25 about sponsorship of children:

“Thank you so much for welcoming me to your church last weekend. You and your congregation were so warm...I felt I was among my brothers and sisters in Christ.

Your church family sponsored six World Vision children—thank you and praise God!”

Sincerely,

Pam Grubbs

Celtic Faire

WE WANT YOU!!!

for the St. Andrew's Third Annual Celtic Faire

OCT. 23-24

We are offering you this opportunity to share your time and talents.

Contact:

Liz Herriges

Rena Girard

St. Andrew's
564-4402



Habitat for Humanity Work Party

by Reberta Skinner



On June 26th, St Andrews will have an opportunity to help with the Building on Faith Home in

Salishan. At present, the work planned for the day will be interior trim caulk and paint. Please sign up to be part of our work party. A sign-up sheet will be in the Ada Webb room. If you have never volunteered for Habitat before, it will be necessary to attend an orientation. An orientation could also be held here at St Andrews.

For more information please contact Reberta Skinner.

Quiz

Can you answer these questions?

1. Who is the third largest home builder in Pierce County?
2. Who will be building 62 affordable family home by 2012?
3. Who needs families for these homes?

If you answered Pierce County Habitat for Humanity to all questions you would be correct!

If you know of a family that could benefit from owning a Habitat home, please refer them to Habitat for Humanity at 253-627-5626 or pick up an application in the Narthex.



Happy Birthday

June Birthdays

- 2 Annie Yabroff
- 3 Connor Rainer
- 8 Cathy Lowenberg
- 13 Shirley Morton
- 16 Kaylie Rainer
- 17 Beth (Hickman) Anderson
- 21 Chad Moody
- 22 Joan Halley
- 25 Kit Adams
- 27 Helen Hickman

Parish Life



Celebrating June Anniversaries

- 6-5-76 Bill and Linda Brice
- 6-6-53 Don and Nita Cameron
- 6-12-54 Don and Betty Bishop
- 6-12 Rio and Sunshine DeGennaro
- 6-13-64 John and Polly Hickman
- 6-14-80 Martin and Eve Yabroff
- 6-15-73 Steve and Anna Arthur
- 6-24-95 Ed and Cindy Wolfer

Don't Forget the **All-Parish Campout** on **July 23, 24 and 25th** at Jarrell Cove State Park. Look for the sign soon in the Ada Webb Room!



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St. Andrew's Episcopal Church

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Tacoma, WA 98465

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St. Andrew's

St. Andrew's Episcopal Church is committed to knowing Christ and making Christ known by word, faith, and action.

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E-mail: yabroff@net-venture.com

Vestry Members

Virginia Gaub, Senior Warden

Ken Rhodes, Junior Warden

Marilyn Baker

Skip Broadhead

Holli Greer

Dave Lester

Patty Mannie

Sean Moody

Martha Stanton

Clergy

The Rt. Rev. Dr. Gregory Rickel, Bishop

The Rev. Martin Yabroff, Rector

The Rev. Edward A. Sterling, Associate

Staff

Linda Brice, Parish Secretary

Dr. Jonathan Wohlers, Organist & Choir Director

Sunshine DeGennaro, Youth Pastor

Megan Parsons, Sunday School Administrator

Finance Ministry

Wayne Mannie, Treasurer

Donna Kolkman, Bookkeeper

Tartan Editors

Don Ramage

Pam Tinsley

JUNE 2010

SUN	MON	TUE	WED	THU	FRI	SAT
		1 10:30am AA 7pm AA	2 12 Holy Eucharist 6:30pm Book Study	3	4 5:30pm Anorexic and Bulimic Anonymous	5
6 8am/10am Holy Eucharist 9:05am Endowment Meeting Noon Fundraising Meeting at Rena Girard's	7 7pm Alanon	8 10:30am AA 6pm Finance 7pm AA	9 12 Holy Eucharist	10 7pm Glory & Praise Rehearsal	11 5:30pm Anorexic and Bulimic	12 ..
13 8am Holy Eucharist 10am Holy Eucharist .	14 6:30pm Alzheimer Support Group Meeting. 7pm Alanon	15 10:30am AA 7pm Vestry 7pm AA	16 12 Holy Eucharist	17 3pm Set up for PLU Elderhostel	18 5pm-9pm PLU Elderhostel (Puddicombe Hall) 5:30pm	19
20 8am Holy Eucharist 10am Holy Eucharist	21 7pm Alanon	22 10:30am AA 7pm AA	23 12 Holy Eucharist	24	25 5:30pm Anorexic and Bulimic	26
27 8am Holy Eucharist 10am Holy Eucharist	28 7pm Alanon	29 10:30am AA 7pm AA	30 12 Holy Eucharist 5-7pm Jackson Street Food Bank			