



October 2011



St. Andrew's Episcopal Church

The Tartan

Praise God from Whom All Blessings Flow! (Hymn #380)

by Fr. Martin Yabroff



Dear Friends,

In last month's Tartan newsletter, we looked ahead to a full and busy Fall Season. September brought many blessings, and I am eager for what October shall bring. Let us thank God for all that is going on, and let us be thankful for one another in the parish community that is St. Andrew's.

We began September with a parish picnic, hosted by the Vestry, on 9/11, after worship including a Litany for reconciliation and good preaching on forgiveness by Fr. Kendall Haynes.

On September 18, we offered an Activity Faire after each service and were amazed at how much is going on in and through St. Andrew's. If you missed it, pick up a blue "Connecting the Dots" guide of parish activities in the entryway on Sundays.

Then we observed Alcohol Awareness Sunday on September 25. This annual event reminds us all that alcoholism (and substance abuse) is the number 1 major treatable disease in our country. It is not a moral failing itself but an illness. Our response to this illness and challenge – for ourselves and those we care about – should not be guilt or denial but seeking help and treatment, and turning to God, our higher power, humbly seeking God's amazing grace.

Now in October, we began with the popular Blessing of the Animals, on both services on Sunday, October 2. A wonderful day with many visitors (2 legged and 4 legged), we remembered Noah, Jesus, and Francis of Assisi, and their calls for us to care for this world and all creatures.

Our new Choir Director and Organist, Naomi Shiga, begins her ministry this month. Both Choir and the Glory and Praise Ensemble welcome new members.

Our 4th Annual Celtic Faire, on the last weekend of October (29th & 30th) reaches out to the community through hospitality and Celtic Spirituality (in song, dance, art, worship and teaching), building community as we work together, and supporting our parish operating budget and community outreach as a fund-raiser. Sign up on Sunday to help.

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> **A Message to the Parish . . .**

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This month the Vestry will receive the Holy Conversations report about who we are, where we are, and how God calls us to go ahead in mission. We have much to celebrate in being a reasonably happy and stable parish, a few surprises (e.g. the majority of St. Andrew's active members do not live in Tacoma), and a transformative challenge to renew our mission: **To know Christ and to make Christ known.** More to come!

Then (as if the Fall were not full of blessings already) on the first Sunday in November – November 6: All Saints' Sunday – Bishop Rickel will visit to celebrate the Eucharist, preach, and confirm a number of youth (and adults? – see me right away).

From the earliest days of the church, Christians have gathered in community and fellowship, encouraging one another as stewards of God's blessings and abundance, praising God and living hospitality with their neighbors. Does this sound like God's call to us as St. Andrew's:

All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their number those who were being saved. (Acts 2:44-47)

Yours in Christ,
Martin

Some thoughts on Stewardship

by Fr. Martin Yabroff

Our Monday afternoon Bible Study is reading John's Gospel – last week we discussed Jesus' conversation with Nicodemus (John 3:1-21). Nicodemus has a stable and secure life, yet he wants to know Jesus better. Jesus responds by speaking about birth, the blowing wind, and abundant life.

One hundred and twenty one years ago (September 28, 1890), regular worship services began for St. Andrew's, Tacoma. We have grown and moved, built and changed, come to know Jesus and invited others to know him, and yet we are still like Nicodemus: growing, seeking, learning to listen to and follow Jesus in new ways. We are having 'holy conversations' about Jesus and about God's presence and spirit with us.

In my own faith journey these 55 years, and 26 as a priest, I have learned and grown, and yet I am still seeking to know Jesus more deeply, and to help others to know Christ for themselves.

I believe that the coming year, and coming 121 years, will be as exciting and challenging as what we have lived thus far. And like birth and the wind, we cannot tell what it will look like, only the excitement and urgency and possibilities that come to be seen.

What will it mean for us as St. Andrew's to know Christ more deeply, more personally, more vitally? What will it be like to be more engaged in helping others to know Christ for themselves, in terms and with experiences different than what they have experienced or heard before, from which they turned away (or ran!).

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> **Stewardship . . .**

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Birth. The wind which blows mysteriously yet you feel its power. Abundance in life, beyond what we know now, for which we hope and yearn.

These are some of the terms and touchstones for “stewardship” – what we want and hope and feel God is calling us to be about. This October we will hear more and read more. In November we will consider our priorities and our giving. Our new diocesan Canon for Stewardship, the Rev. Lance Ousley, will be with us for an informal Stewardship Dinner on Wednesday, Nov. 9. Some of us will share our own stories of knowing Christ and making Christ known – what St. Andrew’s means to them. And we will continue to look ahead, beyond the blessings and abundance we have, to what new birth, new future that God is calling us into.

What does mean for you and your household? Stewardship is first of all a spiritual matter. What of God in your life?; how are you a steward of all the gifts and blessings that God has given you? What is going on in your own spiritual journey?, and how can St. Andrew’s support and encourage you and those around you?

In thinking over these 121 years for St. Andrew’s and my own journey as a person and priest, the “Five principles” of the late Carl Knirk, which I keep on my desk in the Church Office, are helpful for me in focusing my excitement and gratitude to be here with you:

1. Everything you have is a gift from God.
2. No one has everything, no one has nothing.

Continued

3. All you have you will lose.
4. While you are in possession of it, you, and only you, decide how to use it.
5. How you use everything that passes through your hands will determine the kind of person you are and will become – Gratitude begets Gratitude.

Reward, Rebate, Recycle:

Three Simple Ways to Support St. Andrews

By Virginia Gaub

Rewards, rebates, and recycling income are three simple ways that we can support St. Andrew’s financially. Remembering St. Andrews as we go about daily shopping and recycling routines can generate a small amount of income for the church.

Reward and Rebate Programs

Amazon.com

We are a participating partner with Amazon.com. When you shop at Amazon.com, connect through the church website. The church then receives a reward for any purchases.

To connect to Amazon through the church website:

- 1) Go to www.saintandrewstacoma.org
- 2) On the left, find “Shopping with St. Andrews.”
- 3) Click on the Amazon link

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> **Three Ways to Support . . .**

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eScrip.com

eScrip.com enables retailers to contribute to non-profit organizations. When you register, list St. Andrews as a group that you want to contribute to. (You may contribute to up to three organizations or schools.) You may register a Safeway card to contribute through Safeway purchases, or a credit card to contribute through other retailers.

If you do not wish to register on the eScrip.com website, Virginia Gaub can help you complete a paper registration form.

Fred Meyer

If you have a Fred Meyer Rewards Card, Simply by giving the church phone number (253-564-4402) as your alternate ID number when you check out. With the Fred Meyer program is that you may receive discounted gasoline purchases at Fred Meyer and Shell filling stations when you enter the alternate ID number (253-564-4402) at the pump.

Recycling Program

A recycling donation box is in the church narthex, under the bulletin board near the church entrance. Here, you may donate inkjet cartridges, copier toner cartridges, cell phones, mp3 players / iPods, and lap top computers. All these items are sent to a company that refills, refurbishes, recycle them and compensates the church in return.

If you have any other question about any of these programs, please contact Virginia Gaub.

Electronic Online Giving to St. Andrew's

by Virginia Gaub

St. Andrew's Episcopal Church invites you to participate in a new method of giving. We now offer electronic giving as a way to make giving more convenient or to automate your regular weekly/monthly offering.

Direct debit giving (EFT)

With direct debit giving (EFT), you can automatically transfer funds from your checking or savings account to the church's bank account. Authorization forms are available from Virginia Gaub or from the church office.

Online Giving

You can now give online through the church website—<http://saintandrewstacoma.org>. You can visit the church website at any time to make a one-time donation, set up an automatic donation plan, change your donation plan, or view your online donation history.

You may also designate the type of donation that you would like to make. If you have made an annual pledge, you can contribute towards your pledge online or donate beyond your pledge to several other accounts such as: Endowment, Building, Scholarship. You can also make Memorial gifts and designate in Honor or Memory of a specific person or event.

As you contemplate future contributions, please consider electronic giving.



Bobbles, Bangles, and Beads

Donate to Celtic Faire Second Time Around Jewelry Table

by Linda Brice

Are you looking for a good home for your old jewelry? Do you have bags or boxes of Great-grandma's jewelry to be donated to a worthy cause? What are you going to do with all those tie tacks and cuff links your Uncle gave you? Are you tired of your own jewelry and want to make space for some new purchases?

Our 4th annual Celtic Faire will be October 29-30, and back by popular demand is the St. Andrew's Second Time Around Jewelry Table—new, used, old Bobbles and Bangles which need to find a good home. We are looking for women's, men's and kids jewelry. Necklaces, pins, earrings, rings, bracelets, tie tacks—gently used or new. We also will accept single earrings, broken jewelry or loose gems. Gold, silver, diamonds and semi-precious stones are also accepted!

Last year the St. Andrew's Second Time Around jewelry table made over \$900 to support the mission and ministries of our church.

So if you have a box, a bag or a few individual pieces, just drop them by the church office, or bring them on Sunday.

I will gladly accept all donations!

The Calling of the Clans

A Scottish Tradition in America

by Rena Girard

The calling of the clans will be a part of our Sunday service on October 30th, the weekend of the Celtic Faire. Here is the history of this tradition.

In 1746, following the defeat of the Scots by the English in the battle of Culloden, a special Disarming Act was passed, forbidding not only carrying or possession of arms, but also forbidding wearing the kilt, plaid or any other tartan garment. The English also forbade them to play the pipes, or speak Gaelic. This prompted the stubborn Scots to secretly carry with them a piece of their tartan as they went to the Kirk (church). The minister would then slip a blessing (s Kirkin') into the service for the tartans.

Thirty-six years later, the Act of Proscription was lifted and the Scots could again wear highland garb and their tartan with pride.

In the United States, the Saint Andrew's Society of Washington, DC held a Kirkin' on April 27, 1941, led by the late Dr. Peter Marshall, then Chaplain of the U.S. Senate and pastor of the New York Presbyterian Church. Since that time, Kirkin' O' the Tartan services have been held with increasing frequency in many churches throughout the United States.

Episcopal Church Women:

By Virginia Gaub

On October 12th, our meeting will include a program presented by Mary Beth Quinsey Housing & Employment Program Manager at TACID. She will speak to us about the Shared Housing program and the supplies that they keep to help someone getting into housing from homelessness. We would like to provide her with some donations to this effort in the form of personal care items-- Items such as shampoo, bath soap, toothpaste, laundry supplies, dish soap, etc. We will begin our gathering with business at 12:45. Refreshments will be available but you may wish to bring a brown bag lunch. Please speak with Virginia Gaub if you have questions

about ECW or suggestions for future programs.

November 9th will be a special gathering as we will hear from Susie Johnson Khalil, "Susie of Arabia," about the life of an American woman living in Saudi Arabia. Susie Johnson Khalil is related to a member of St. Luke's Episcopal Church and I heard her speak at an event there. She presents a very interesting program of many aspects of life in a Moslem, Arab country. I would invite everyone (man or woman) who is available at 1PM on Wednesday November 9 to come hear this presentation.

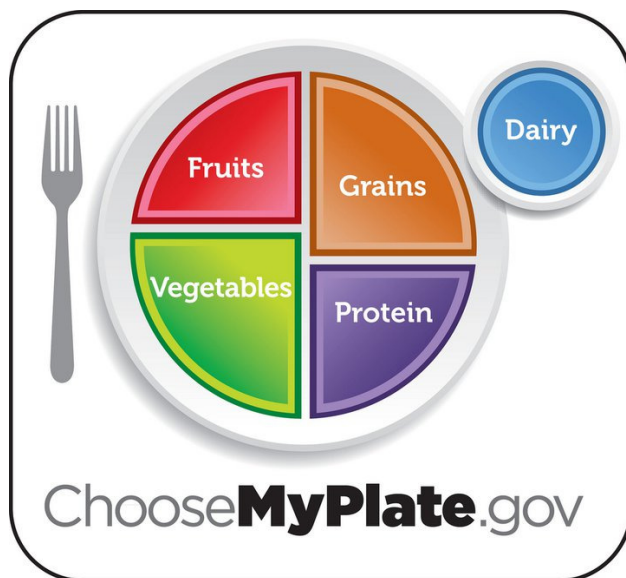
More details in the next Tartan but put it on your calendar and plan to join us on that date.

Choose My Plate: A New Way for Making Healthy Food Choices

*By Cyndi Wolfer, RN, MSN
Parish Nurse*

Over the summer, the United States Department of Agriculture introduced a new tool for following a healthy diet. More than one-third of children and more than two-thirds of adults in the United States are overweight or obese which increases the risk for developing chronic diseases. By using the "choose my plate" diagram, it is easier to choose healthy foods to eat each day. Half of your plate should be filled with fruits and vegetables, a third with grains--mostly whole grains, another third with lean protein with a glass of a dairy product. Bon appétit!

Source: choosemyplate.gov



October Birthdays

3	Bill Abbott	21	Ann Morgan
4	Carter Hoffman	23	Sarah Yabroff
	Greg Gaub	24	Patty Gaspar
8	Eve Yabroff		Brian Burdick
9	Ingrid Gaub		
15	Kenneth Abbott		Geri Schlosser
16	Stan Liebenberg	25	Bernadine Moody
17	Susan Rowe	27	Sean Moody
	Courtney Rainer	29	Halley Egnew
20	Jim Ball	30	Edna Harwell

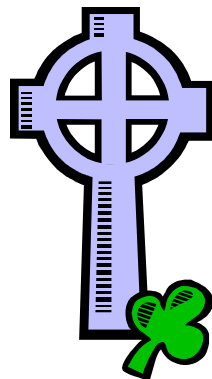
Parish Life
Parish Life

THE CELTIC FAIRE NEEDS YOU!

Please sign up in the Ada Webb Room
to help with various activities.

Volunteers needed October 28th, 29th, and 30th.

Thank You!



* **St. Andrew's Episcopal Church**

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St. Andrew's

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Wayne Mannie, Treasurer
Donna Kolkman, Bookkeeper

Tartan Editors

Don Ramage
Pam Tinsley

October 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 8/10 Holy Eucharist Blessing of the Animals	3 1pm Bible Study 7pm Adult Ed Class 7pm Alanon	4 10:30am AA 7pm AA	5 Noon Eucharist 6:30pm Youth Group	6 6:30pm Celtic Faire at church 7pm Choir	7	8
9 8/10 Holy Eucharist Blood pressure checks between services	10 1pm Bible Study 6:30pm Alzheimer's Group Meeting 7pm Alanon	11 10:30am AA 1pm Finance 7pm AA	12 Noon –Eucharist 12:45pm ECW 6:30pm Youth Group	13 7pm PFLAG 7pm Choir Rehearsal	14 10am-2pm Weaver's Guild	15
16 8/10 Holy Eucharist	17 1pm Bible Study 7pm Adult Ed Class 7pm Alanon	18 10:30am AA 7pm Vestry 7pm AA	19 Noon –Eucharist 6:30pm Youth Group	20 7pm Choir Rehearsal	21 Diocesan Convention	22 Diocesan Convention
23 8/10 Holy Eucharist	24 1pm Bible Study 7pm Adult Ed Class 7pm AA	25 10:30am AA 7pm AA	26 Noon –Eucharist 4:45 Youth Group 5-7pm Food Bank	27 7pm Choir Rehearsal	28	29 10-4pm Celtic Faire
30 8/10 Holy Eucharist 3pm Celtic Spirituality Discussion	31 1pm Bible Study 7pm Adult Ed Class 7pm AA					

Celtic Faire Auction

We are really getting excited about the upcoming Celtic Faire. But the silent auction needs you! In order to insure the success of the silent auction, we need your help. We are still in need of more great auction items. Need ideas: how about a sweet treat basket, a basket of pet toys and treats, a holiday basket with napkins and candles, etc. Perhaps you can get together with a friend and put together a themed basket, or offer a certificate for dinner in your home or a service such as yard work, or painting a room. Just let your imagination go!

When you frequent a business, just ask them for a donation and remind them that a percentage of what we earn goes back into the community through our outreach program. If a business request a letter with St. Andrew's tax identification number, a letter is available in the church office.

Please fill out a donation form for each of your items. You can give them to Gretchen, Judy or Polly.

We appreciate your help and look forward to the most successful Celtic Faire Auction ever!